

**Laura’s medical history:**

2 PPDSs given to the mother at 6-month pregnancy with Laura as part of physical exam for a new job (first normal, 2<sup>nd</sup> done in 2 weeks abnormal 50mm; BCG given to mother In Romania, X-ray normal done 1 month after delivery, 1/2008)

PPD Ingredients: Aplisol (tuberculin PPD, diluted) is a sterile aqueous solution of a purified protein fraction for intradermal administration as an aid in the diagnosis of tuberculosis. The solution is stabilized with polysorbate (Tween) 80, buffered with potassium and sodium phosphates and contains approximately 0.35% phenol as a preservative.

2005 emergency c-section (total anesthesia) with my son on the due date (11/10/05). The pain started after midnight and got severe by 5am when we went to Lenox hill Hospital. A registered nurse examined me and she broke my water. Shortly after dr. examined and I was dilated 2 when the BP of the bay dropped and I was rushed to emergency C-section.

Laura was born thru elective C-section (spinal anesthesia for lower body) in 12/4/2007 due to previous c-section (she was born 9lb 7oz), APGAR 9 at 1 min, APGAR 10 at 5 min.

Breastfed for 2 years and formula Enfamil added in the first 6 months when hungry.

Enfamil **ingredients:** water, nonfat milk, lactose, vegetable oil (palm olein, soy, coconut, and high oleic sunflower oils), and less than 2%: galactooligosaccharides<sup>‡</sup>, polydextrose<sup>‡</sup>, mortierella alpina oil<sup>§</sup>, crypthecodinium cohnii oil<sup>||</sup>, whey protein concentrate, potassium citrate, calcium carbonate, calcium phosphate, magnesium phosphate, calcium chloride, sodium chloride, ferrous sulfate, sodium citrate, zinc sulfate, cupric sulfate, manganese sulfate, potassium iodide, sodium selenite, mono- and diglycerides, ascorbic acid, sodium ascorbate, vitamin e acetate, niacinamide, calcium pantothenate, vitamin a palmitate, thiamin hydrochloride, riboflavin, vitamin b<sub>6</sub> hydrochloride, folic acid, vitamin k<sub>1</sub>, biotin, vitamin d<sub>3</sub>, vitamin b<sub>12</sub>, soy lecithin, carrageenan, choline chloride, inositol, nucleotides (cytidine 5’-monophosphate, adenosine 5’-monophosphate, disodium uridine 5’-monophosphate, disodium guanosine 5’-monophosphate), taurine, l-carnitine.

Vitamin K was given shortly after birth. One of the following was given to her:

1. Ingredients in the Preservative-Free Vitamin K Shot are:

Propylene glycol (known to potentially cause anaphylaxis), Polysorbate 80 (opens the brain-blood barrier which not form in babies), Sodium acetate anhydrous , Glacial acetic acid.

2. The second type of vitamin K shot used in the United States is less commonly used in newborns, but it is also safe. It contains the following ingredients: Benzyl alcohol, Polyethoxylated castor oil, Dextrose monohydrate.

- Hepatitis B vaccine given at birth:

Vaccine	Culture media	Excipients
Hepatitis B vaccine (Recombivax HB) 250 mcg Aluminum	<u>Yeast</u> or yeast extract	Amorphous aluminum hydroxyphosphate sulfate, <u>amino acids</u> , <u>dextrose</u> , <u>formaldehyde</u> , mineral salts, <u>potassium aluminum sulfate</u> , soy peptone, yeast protein

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2/2008 -2 month the following vaccinations were given:

She got rash on the body within 1 week of vaccination and bloody eczema on the face and elbow creases with three weeks of vaccination. She got hydrocortisone cream, Benadryl. Eczema had flares over time.

Vaccine	Culture media	Excipients
DTaP-HepB-IPV (Pediatrix) 850 mcg aluminum	Bovine protein, Lathan medium derived from bovine <u>casein</u> , Linggoud-Fenton medium derived from bovine extract, Vero (monkey kidney) cell culture, synthetic or semisynthetic	<u>Aluminum hydroxide</u> , <u>aluminum phosphate</u> , calf <u>serum</u> , lactalbumin hydrolysate, <u>formaldehyde</u> , glutaraldehyde, <u>neomycin sulfate</u> , <u>polymyxin B</u> , <u>polysorbate 80</u> , yeast protein
<u>Rotavirus vaccine</u> (RotaTeq)	Vero (monkey kidney) cell culture	<u>fetal bovine serum</u> , <u>sodium citrate</u> , <u>sodium phosphate monobasic monohydrate</u> , <u>sodium hydroxide</u> , <u>sucrose</u> , <u>polysorbate 80</u>
Hib (PedvaxHib)	Synthetic or semisynthetic	Aluminum hydroxyphosphate sulfate
Pneumococcal vaccine PCV7	Soy <u>peptone</u> broth	<u>Aluminum phosphate</u> , <u>ammonium sulfate</u> , <u>casamino acid</u> , <u>polysorbate 80</u> , <u>succinatebuffer</u> , <u>yeast</u>

Pediarix insert: “Your child may not be able to receive Pediarix if he or she has ever received a similar vaccine that caused any of the following: a very high fever (over 104 degrees); excessive crying for 3 hours or longer; fainting or going into shock, Guillain-Barré syndrome (within 6 weeks after receiving a vaccine); seizure (convulsions); or **a severe skin reaction.**

*If any of the following events occur in temporal relation to receipt of a vaccine containing a pertussis component, the decision to give any pertussis-containing vaccine, including PEDIARIX, should be based on careful consideration of the potential benefits and possible risks: Temperature of  $\geq 40.0^{\circ}\text{C}$  in 48 hours not due to another identifiable cause; Collapse or shock-like state (hypotonic-hyporesponsive episode) within 48 hours; Persistent, inconsolable crying lasting  $\geq 3$  hours, occurring within 48 hours; **Seizures with or without fever occurring within 3 days**”*

**Laura got severe skin reaction after the 2 month vaccination and probably became allergic to injected ingredients. She tested allergic to cow’s milk, egg ~ 1 year of age, yeast protein. She ended up with 4 hepatitis B vaccines for which there were no safety studies.**

She got myoclonic spasm/seizure at 9 months (3 months after the last dose of Pediarix. Studies shows that it takes 7 to ~ 3 months to develop antibody to the vaccines. Most likely she has antibody to everything that was injected on her, many are food related particles. She has been in a state of inflammation when her immune system “tries” to protect her from these substances that she was sensitized.

<https://www.fda.gov/downloads/BiologicsBloodVaccines/Vaccines/ApprovedProducts/UCM241874.pdf>

4/2008 - 4 month vaccination shots: As per pediatrician, no allergy test was done because she was too small. Cow’s milk and eggs eliminated from mom’s diet.

Vaccine	Culture media	Excipients
DTaP-HepB-IPV (Pediarix) 850 mcg aluminum	Bovine protein, Lathan medium derived from bovine <u>casein</u> , Linggoud-Fenton medium derived from bovine extract, Vero (monkey kidney) cell culture, synthetic or semisynthetic	<u>Aluminum hydroxide</u> , <u>aluminum phosphate</u> , calf <u>serum</u> , lactalbumin hydrolysate, <u>formaldehyde</u> , glutaraldehyde, <u>neomycin sulfate</u> , <u>polymyxin B</u> , <u>polysorbate 80</u> , yeast protein
<u>Rotavirus vaccine</u> (RotaTeq)	Vero (monkey kidney) cell culture	<u>fetal bovine serum</u> , <u>sodium citrate</u> , <u>sodium phosphate monobasic monohydrate</u> , <u>sodium hydroxide</u> , <u>sucrose</u> , <u>polysorbate 80</u>
Hib (PedvaxHib)	Synthetic or semisynthetic	Aluminum hydroxyphosphate sulfate
Pneumococcal vaccine PCV7	Soy <u>peptone</u> broth	<u>Aluminum phosphate</u> , <u>ammonium sulfate</u> , <u>casamino acid</u> , <u>polysorbate 80</u> , <u>succinatebuffer</u> , <u>yeast</u>

6/2008 - 6 month vaccination shots given:

Vaccine	Culture media	Excipients
DTaP-HepB-IPV (Pediarix) 850 mcg aluminum	Bovine protein, Lathan medium derived from bovine <u>casein</u> , Linggoud-Fenton medium derived from bovine extract, Vero (monkey kidney) cell culture, synthetic or semisynthetic	<u>Aluminum hydroxide</u> , <u>aluminum phosphate</u> , calf <u>serum</u> , lactalbumin hydrolysate, <u>formaldehyde</u> , glutaraldehyde, <u>neomycin sulfate</u> , <u>polymyxin B</u> , <u>polysorbate 80</u> , yeast protein
<u>Rotavirus vaccine</u> (RotaTeq)	Vero (monkey kidney) cell culture	<u>fetal bovine serum</u> , <u>sodium citrate</u> , <u>sodium phosphate monobasic monohydrate</u> , <u>sodium</u>

		<a href="#">hydroxide</a> , <a href="#">sucrose</a> , <a href="#">polysorbate 80</a>
Hib (PedvaxHib)	Synthetic or semisynthetic	Aluminum hydroxyphosphate sulfate
Pneumococcal vaccine PCV7	Soy <a href="#">peptone</a> broth	<a href="#">Aluminum phosphate</a> , <a href="#">ammonium sulfate</a> , <a href="#">casamino acid</a> , <a href="#">polysorbate 80</a> , <a href="#">succinate</a> buffer, <a href="#">yeast</a>

10/2008 she had muscle jerks. Short EEG at NYU showed spikes.

12/2008 NYPH, Dr. Engel diagnosis: benign myoclonic epilepsy. MRI normal with pineal cysts to follow, but not a concern.

Given Kepra and B6. No improvement, allergy test reveals he was allergic to Cow's milk, eggs.

12/2008 vaccine shots:

Vaccine	Culture media	Excipients
<a href="#">Hepatitis A vaccine</a>	Human diploid tissue culture ( <a href="#">MRC-5</a> )	Amorphous aluminum hydroxyphosphate sulfate, bovine <a href="#">albumin</a> or <a href="#">serum</a> , <a href="#">formaldehyde</a> , <a href="#">MRC-5</a> cellular protein, <a href="#">sodium borate</a>
<a href="#">Influenza vaccine</a> preservative free	Chicken embryo	Egg proteins, <a href="#">formaldehyde</a> , <a href="#">polysorbate 80</a> , <a href="#">cetyltrimethylammonium bromide</a> , <a href="#">neomycin sulfate</a> , <a href="#">kanamycin</a>

1/2009 vaccines shots given:

Vaccine	Culture media	Excipients
<a href="#">MMR vaccine</a> (MMR-II)	Human diploid tissue culture ( <a href="#">WI-38</a> ), Medium 199	<a href="#">Amino acids</a> , fetal bovine <a href="#">serum</a> , <a href="#">glutamate</a> , <a href="#">hydrolyzed gelatin</a> , <a href="#">neomycin</a> , recombinant <a href="#">human serum albumin</a> , <a href="#">sodium phosphate</a> , <a href="#">sorbitol</a> , <a href="#">sucrose</a> , <a href="#">vitamins</a>
<a href="#">Varicella vaccine</a> (Varivax)	Human diploid tissue cultures ( <a href="#">MRC-5</a> and <a href="#">WI-38</a> )	<a href="#">Dibasic sodium phosphate</a> , <a href="#">ethylenediamine tetra acetic acid</a> [ <a href="#">sodium (EDTA)</a> ], <a href="#">fetal bovine serum</a> , <a href="#">gelatin</a> , <a href="#">glutamate</a> , <a href="#">monobasic potassium phosphate</a> , <a href="#">monobasic sodium phosphate</a> , <a href="#">monosodium L-glutamate</a> , <a href="#">MRC-5 DNA</a> and cellular protein, <a href="#">neomycin</a> , <a href="#">phosphate</a> , <a href="#">potassium chloride</a> , <a href="#">sucrose</a>

2/2009 NYU diagnosis Generalized epilepsy, Continue kepra  
9/2009 Montefiore diagnosis: Infantile Spams , ACTH injection, prednisone, valproic acid.  
Spasms stopped for 2 weeks while injecting ACTH.

1/2010 - stop all medications and try alternative medicine: supplements: magnesium, vitamin C, B, E, minerals, zinc, CBD: NAET, craniosacral therapy, chiropractic adjustments, homeopathy nosodos for vaccines and medication given.

Organic acid test in 2013 and 2017 show candida overgrowth treated with supplements. 2017 – phospholipase 1.425 (0-1) probably due to yeast.

2011 allergy test: egg white, milk 2.47 (<35), oat 1.82.

2013 immunoglobulin test: G – 893 (504-1464), A – 47 (44-189), M -108 (24-210), E – 234 (0-60).

2013 – [23 and me saliva genetic testing](#) – Selfhacked evaluation:

Needs to eat higher cholesterol foods for pregnenolone

-Higher protein diet for IGF-1...fresh seafood is best

-Needs to eat some liver bec of vitamin A genes

-Needs to eat mostly organic because of PON1

-Needs to eat lower inflammatory foods to combat histamine and IgE - needs to follow the [The Lectin Avoidance Diet](#).

-[Circadian Rhythm Entrainment](#) and [What It Means to Keep to a Circadian Rhythm](#) for circadian genes

-Needs to stimulate vagus nerve bec of gene that causes lower vagal tone

#### **Supplements:**

300mg [Alpha GPC](#) for choline issues - **is it ok to have magnesium stearate?**

1g [Fish Oil/DHA+EPA](#)

200mg [Inosine](#)

1 mg [Low dose naltrexone](#) for opioid receptors and inflammation- speak to your doctor

10mg [PQQ](#) for mitochondria

2 pumps [Quercetin](#) for histamine issues

10mg [Vitamin B6/P5P](#)

10mg [Zinc](#) -

100mg [Resveratrol](#)

1tsp [Black Cumin Seed Oil](#) as an anti-inflammatory

-Low pregnenolone

-Low fibrinogen

-Low uric acid

- High lithium
- IGF-1 is relatively low
- SHBG is high
- Total IgE is high

Issues with cholinergic nicotinic receptors and choline,

[CHRNA3](#)  
[CHRNA4](#)  
[CHRNA5](#)  
[PEMT](#)  
[PNPLA3](#)

Low:

[COMT](#)

Lower:

[IGF1](#) and [IGF1R](#)

Inflammatory issues

[JAK2](#)

[HIF1A](#)

Circadian Genes are off

[CLOCK](#)  
[CRY2](#)  
[NPAS2](#)  
[PER1](#)  
[PER3](#)  
[GSK3B](#)

Mitochondria

Lower - PGC-1A

Higher - [PDE4D](#)

Opioid receptors not working as well

[OPRM1](#)

Doesn't do well with pesticides

[PON1](#)

Lower - VITAMIN-A

Lower vagal function - [rs6330](#)

2014 allergy test: almond 0.45 (<35), egg white 0.66, maple 0.74, milk 1.1, sesame 1.01.

~ 2014 We ruled out aminoacizi imbalance (aminoacizi panel) and low glucose (she had nidle inserted in the but for 3 days), results were normal.

2015 allergies tests: Bermuda grass 0.69 (range 0-35), dermatophagides farinae 0.73, cockroach 0.42, maple 0.83, d. pteronys sinus 0.89, total IgE 116 (0-25), fibrinogen Low 134 (175-425), erythrocyte protoporphyryn High 92 <70; smooth muscle titer 1.4 (<1.2)

2017 – multiple autoimmunity reactivity test screen by Cyrex – no equivocal or out of range results.

2017- Gluten associated cross-reactive foods and foods sensitivity bu Cyrex: sorghum equivocal 0.93 (0.3-1.2), hemp 1.26 (0.3-1.5), egg, raw cooked 1.4 (0.2-1.7), say out of range 1.52 (0.5-1.5)

6/2018 – Food IgG test by The Great Plains Laboratory – wheat gluten  $\geq 5$ – high, gliadin (7-14.99)– moderate, casein and tuna low (3.5-6.99).

5/2017- normal MRI. No pineal cyst. EEG for 3 days no events showed spikes – abnormal (charged insurance \$7000!!!!)

6/2018 – IgG of: measles 92.7 (<25), MUMS 77.6 (<9), Rubella 1.3 (<0.9), Varicella 41.86 (<13.5). She has IgG to these virus proteins injected on her, therefore most likely she has IgG to all the other proteins injected thru vaccines: casein, yeast, albumin, and etc. When she eats food containing these proteins she gets inflamed. This is way is very hard feeding her. First of all she is allergic to many thinks. The injected adjuvants, toxins, heavy metal (mercury and aluminium ~ 5 grams!!!) are most likely deposited in her tissues to stimulate the immune system. If she eats or take supplements to detox those substances are released and create inflammation. For 3 years we see Dr. Salerno who initially diagnosed her with heavy metal overload based on her medical history and clinical symptoms. The medical nurse at the school did not advised that they do not have that diagnosis on the drop down list and therefore Dr. Saleno changed it to “metabolic disorder” unspecified in order for her to get a paraprofessional.

9/2018 Dr. Sebastian Lighvani – mast cell activation testing: KIT Asp816Val– negative, blood histamine 1.3H(0-1), 2,3-dinor 11B-Prostaglandin -1952, Leukotriene <77, N-methylhistamine, U – 361 (70-330)

She had ~ 3 rounds of antibiotics for illness. No medication for the past ~ 7 years.

The myoclonic jerks took place 45 minutes after falling asleep. Initially, we thought that it was related to sleep to realize later that it may be related to food she ate. It could happen few times a time with naps and during the night. She would have an episode 45 minutes after falling asleep and once done I fed her and she would wake up during the night in 4 hours or early morning. The events took place mainly in the morning with 1 hour of waking up. The severity would be from 1 to 10 scale, from feeling just dizzy no movements to strong myoclonic movements for up to 30 minutes up to ~ age of 5 when she got stiffness with yelling and by

age of ~ 9 she had seizure with stiffness, roll eyes, turn head to right and body shakes for < 2 min.

She was events free from 9/2010 to 5/2011. She was taking 3gr of glutamine, taurine, magnesium. She tried a birthday cake the spasm came back the next morning. She has muscle twitching while still asleep and an episode within an hour of waking up. We gave her liquid glutathione which was followed by an event.

She was sensitive to smell. She would enter a 99 c store and it smelled and she will have muscle spasms. Also, she was sensitive to cold/hot temperatures or wind. Many times she had muscle spasms in the first block of coming out from our building on cold, high temperature or wind day.

After trying the bentonite clay bath with apple cider vinegar and on the skin she got muscle stiffness with the myoclonic movements. We thought that she is allergic to bentonite, vinegar (which was in few vaccines injected on her) or she is allergic to what the bentonite detoxifying/moving from her body.

In 2015 blood test showed mild aluminum elevation (7 on >7 range).

In 3/2017 we gave her pork bone broth she got the 1<sup>st</sup> seizure (she had seizure with stiffness, roll eyes, turn head to right and body shakes for < 2 min) at 4am.

In 8/2017 we saw Dr. Sherri Greene who follows Medical medium Anthony Williams who says that behind many disease are viruses. She tested Laura for Epstein Barr virus. Since August we changed our diet to plant based: wild rice, potatoes, sweet potatoes, spinach, cabbage, broccoli, salad, avocado, almond, pumpkin seeds, dates, honey (no bread) and wild blueberries smoothy (spirulina, dulse, cilantro, barley grass, banana) to detox the body and limit the virus to replicate: 10x2 day zinc, monolaurin, lemon ban, lysine, mg, b12, liposomal B, C. We saw less events and less severe within the first month. She started school and by the end of September 2017 to November 2017 she had 3 or 4 grand mall seizure at 4am. We find out in January 2018 when she got an aid teacher to be with her all the time that she has been eating from school lunch, which is loaded with additives and preservatives. School staff was concern about me of not feeling her. School is aware that she cannot eat cow's milk or egg but it was overlooked. We attribute the night event during the last Fall from eating junk food from school. In November we gave her Iron Plus (11/17 to 1/18), bio ferro and Bromide Plus (iris moss and bladewrack), Banjo (strength of the nervous system with valerian, which she does not to take anymore 2/9/17) by Dr. Sebi. He has had slightly low hemoglobin (11.7 before to 11.2) since baby but became lower 11.3 since eating plants.

In December 20, 2017 we added liposomal melatonin to detox the brain. Her sleep got better over time. She gets restless with muscle twitching during the night before a morning event.

In January she wanted the food from school and the staff insisted to agree for her to taste food from school. After a week of eating it she got a severe event in the morning at school. No more food from school and we changed to spelt bread.

Example of events: She tried cashew (10 pieces) on Friday afternoon, and she got nodding head on Saturday morning ~ 8 am and muscle spasms with muscle stiffness on Sunday morning ~ 8am. Monday come from school at 2:30pm and I gave her 1 tbs of liposomal vitamin C ~ 1 g, and she had 1 muscle spasms on the right side of the body and went to sleep for 45 minutes. On the next morning, Tuesday, she had nodding head and fell asleep for ~ 30 min. It correlated in the past the vegetable juice, liposomal vitamin c with strong events within 30 min after being ingesting.

Food that correlated with events: cow's milk, eggs, vinegar, ethanol, tomatoes, raw garlic, Kombucha 1 sip, grapes juice unpasteurized, peanut, cashew.

During an episode she was sweating on the back of the head (as a baby) and face, now under armpit, hands, feet. She has had cold hand and feet. She also has red vagina and anus area since the movements started up to recent years when she says that is burning. Her left eye gets changed and the pupil moves toward the nose during head nodding right. He does not see well, sometime barely talks. After a seizure she could barely walk. Since summer 2020, we noticed that the urination and bowel movements are followed by the muscle spasms, and ~ 3 times by seizure. She urges to the bathroom to urinate before/while she is dizzy followed by muscle spasms.

She usually asks for food after an event. She is hungry and angry the day before an event. She has had a good appetite since birth. She can not remember a skill that she did not master after an event. For example she will do multiplication of the digits with help but she will remember multiplication table that she memorized. She is foggy the day/days before an event. At school she got 1.5 and 1.7 on math and ELA state test and science test – 3. She has a paraprofessional who stays next to her because of safety in case she has an event. 95% of the events take place in the morning ~ 7- 9am or within 2 hours of eating. The first event which take place mostly in the morning is usually mild like dizziness or slightly head nodding followed by a stronger event within 2 hours or the next morning (several muscle spasms every 15-20 seconds followed by a rigid position with utter a “shriek” for few seconds or she remains mildly rigid looking lost for few seconds. Most of the time, she will nap ~ 45 min after a moderate to severe event. At the first sign she use to get magnesium supplement, zinc, vitamin c. Now I give her diluted baking soda, buffered vitamin C, mg. For ~ 3 months (2019) she got red skin like rash on the nose base which is worse around an event. She complains of headache after an event. She complains of being tired when she has to stay in school because is boring or at home when she has to do homework, she says that watching movies or thinks that she is interested in like animals, actors, singers relaxes her. She likes sports, she did karate for almost 2 years. Sometimes she had a mild event after karate class. She skies, she swims only in the ocean. In the chlorinated piscinas she had an event. She had a mild event after flying 10 hours from JFK to Bucharest this summer. (2019). She will have an event within 30 min to 2 hours in the car. She wants food shortly after she travels by car. Also, it happened in the bus or train.

She was borderline underweight on 9/4/18 at annual PE. She gained 5 pounds (from 72 lb to 77 lb, Hight 5.2) while low histamine diet including fresh meat. We think that chicken and beef are correlating with events. Lamb seems ok. We will get on 11/16 fresh organic turkey.

She had muscle spasms or be dizzy while watching the TV or computer. She had a grand mall seizure at 4 am after watching a movie on a big TV Screen 72 inches. We try to limit especially before bedtime.

We tried different diets up to the low histamine one. In September we saw dr. Lighvani. He tested for mast cell activation. I refused to do the skin testing as could trigger an event. He suggested to repeat the test, having a normal “meal”. I do not feel comfortable to give her food that she is allergic or high histamine as those correlates with severe events.

### **Events from September 2020:**

9/10 9am

9/21 9am

10/?

11/21 8am

12/17 6am – she ate clatite, papa john stick, colorful pasta – the day before.

3 days before ate Tates cokies with milk, and strong the next morning

12/21 at 6pm. She ate squid on 12/20, and cod fried in canola oil.

12/22 at 9am, 11am

1/15, 9am. Ate pork the past 2 days, fish in the over last night, hair cut yesterday. Bread with butter at 6pm yesterday.

1/27 4pm, v mild and 1 stiffens with yell– ate almond chocolate 1/26 and 1/27, milk with corn cereal at 1am and 3pm.

2/9 at 8:40am. She had cashew on 2/8.

2/18, 9am, jerks ~ 15 min, yelled with stiffness. Ate the day before beef, sour cream, polenta afternoon, while in the morning she had French bread made with milk and eggs.

### **Family history:**

Father – 50 Personal Trainer came in US in 2000, food intolerances (cow’s milk, egg), symptoms got worsen after MMR and another vaccine given for green card in 2002 especially after he ate a swiss cheese sandwich: diarrhea/constipation anal inflammation, anal fissure, skin rash

Mother – 50 PhD Psychology from University of Bucharest, Romania, Research Coordinator for 15 years (Psychiatry, Nephrology, gained weight lost and gained over time, BMI 25

Older brother 15yr- No vaccine at birth, he had restful and long sleep until 2 month when he got vaccines and become colic, allergies, eczema on the elbow creases and behind the knee. At 18 month got rash on the body after ingesting walnuts, went to the hospital were given an injection. Allergy symptoms got better after 10 yr old. He had ~ 3 rounds antibiotics for illness. No medication for the past ~ 7 years.

Father side:

Grandfather 74, past away in 2019 – 1 glass with wine OMAD

Grandmother 74 – Type 2 diabetes, gall bladder removed at age ~ 55, hypertension

Brother passed away at age 9 month due to encephalitis, at 2 month had tonsillitis

Older brother - 55 had interferon while baby due to virus in the liver, liver sensibilities, SAME makes him better

2<sup>nd</sup> brother 52 – back pain unable to work

Mother side:

Father – Type 1 diabetes passed away at age 60 in 2007, found dead in the house, he used to get hypoglycemic episodes

Mother 82 – anxiety after age 75, panic attacks??

Articles read:

<https://healthimpactnews.com/2018/are-vaccines-linked-to-increase-in-mast-cell-disease-and-allergies/>

[https://www.youtube.com/watch?time\\_continue=45&v=HK-93SHnTFk](https://www.youtube.com/watch?time_continue=45&v=HK-93SHnTFk)

<http://www.collective-evolution.com/2017/11/21/researchers-discover-where-the-aluminum-goes-after-its-injected-into-a-babies-body-from-a-vaccine/>

<https://articles.mercola.com/sites/articles/archive/2015/03/29/vaccine-adjuvants-brain-effects.aspx>

[https://www.naturalnews.com/033406\\_vaccines\\_polysorbate\\_80.html#](https://www.naturalnews.com/033406_vaccines_polysorbate_80.html#)

[https://www.researchgate.net/publication/285580954\\_Evidence\\_that\\_Food\\_Proteins\\_in\\_Vaccines\\_Cause\\_the\\_Development\\_of\\_Food\\_Allergies\\_and\\_Its\\_Implications\\_for\\_Vaccine\\_Policy](https://www.researchgate.net/publication/285580954_Evidence_that_Food_Proteins_in_Vaccines_Cause_the_Development_of_Food_Allergies_and_Its_Implications_for_Vaccine_Policy)