

Neurodevelopmental Disorders after Thimerosal-Containing Vaccines: A Brief Communication

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We were initially highly skeptical that differences in the concentrations of thimerosal in vaccines would have any effect on the incidence rate of neurodevelopmental disorders after childhood immunization. This study presents the first epidemiologic evidence, based upon tens of millions of doses of vaccine administered in the United States, that associates increasing thimerosal from vaccines with neurodevelopmental disorders. Specifically, an analysis of the Vaccine Adverse Events Reporting System (VAERS) database showed statistical increases in the incidence rate of autism (relative risk [RR] = 6.0), mental retardation (RR = 6.1), and speech disorders (RR = 2.2) after thimerosal-containing diphtheria, tetanus, and acellular pertussis (DTaP) vaccines in comparison with thimerosal-free DTaP vaccines. The male/female ratio indicated that autism (17) and speech disorders (2.3) were reported more in males than females after thimerosal-containing DTaP vaccines, whereas mental retardation (1.2) was more evenly reported among male and female vaccine recipients. Controls were employed to determine if biases were present in the data, but none were found. It was determined that overall adverse reactions were reported in similar-aged populations after thimerosal-containing DTaP (2.4 ± 3.2 years old) and thimerosal-free DTaP (2.1 ± 2.8 years old) vaccinations. Acute control adverse reactions such as deaths (RR = 1.0), vasculitis (RR = 1.2), seizures (RR = 1.6), ED visits (RR = 1.4), total adverse reactions (RR = 1.4), and gastroenteritis (RR = 1.1) were reported similarly after thimerosal-containing and thimerosal-free DTaP vaccines. An association between neurodevelopmental disorders and thimerosal-containing DTaP vaccines was found, but additional studies should be conducted to confirm and extend this study. *Exp Biol Med* 228:660–664, 2003

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In recent years, thimerosal, an organic mercury compound that is metabolized to ethylmercury and thiosalicylate and has been present since the 1930s as a preservative in some vaccines and pharmaceutical products to prevent bacterial and fungal contamination, has come under scrutiny. It was determined by the U.S. Food and Drug Administration (FDA) in 1999 under the recommended childhood immunization schedule that infants might be exposed to cumulative doses of ethylmercury that exceed some federal safety guidelines established for exposure to methylmercury, another form of organic mercury (1).

The hypothesis that exposure to thimerosal-containing vaccines could be associated with neurodevelopmental disorders is not established and rests on indirect and incomplete information, primarily from analogies with methylmercury and levels of maximum mercury exposure from vaccines given in children. The hypothesis is biologically possible, but the possible relationship between thimerosal from vaccines and neurodevelopmental disorders of autism, attention deficit/hyperactivity disorder (ADHD), and speech or language delay remains seriously suspect. As of the present, there are no peer-reviewed epidemiological studies in the scientific literature examining the potential association between thimerosal-containing vaccines and neurodevelopmental disorders. Here, we show the first epidemiologic evidence, based upon tens of millions of doses of vaccine administered in the United States, that associates increasing thimerosal from vaccines with neurodevelopmental disorders.

Materials and Methods

In this study, the incidence of neurodevelopmental disorders in a comparative examination between thimerosal-containing diphtheria, tetanus, and acellular pertussis (DTaP) and thimerosal-free DTaP vaccines based upon analysis of the Vaccine Adverse Events Reporting System (VAERS) database was undertaken using Microsoft Access. The VAERS database is an epidemiologic database maintained by the Centers for Disease Control and Prevention (CDC) since 1990. All adverse reactions are to be reported to the VAERS database as required by U.S. law. The CDC requires written and telephonic confirmation of serious adverse reactions and follows up on these patients 1 year later.