

IT'S TIME TO FOLLOW THE SCIENCE

A Pocket Guide for Defenders of Truth **on Masks**

There's an abundance of medical literature indicating masks are ineffective and can be harmful.

BROWNSTONE
INSTITUTE

More than 150 Comparative Studies and Articles on Mask Ineffectiveness and Harms

BY PAUL ELIAS ALEXANDER DECEMBER 20, 2021 MASKS, POLICY 67 MINUTE READ

- 150 comparative studies and articles compiled by the Brownstone Institute demonstrate that masks are **largely ineffective, have no impact on controlling the transmission of the COVID-19 virus and can actually be harmful.**

- This study from *International Journal of Environmental Research and Public Health* shows prolonged mask use is correlated with **significant drops in oxygen, increases in carbon dioxide levels, fatigue, headaches, moisture build-up, temperature of the skin and air under the mask, and respiratory impairment.**

Review > Int J Environ Res Public Health. 2021 Apr 20;18(8):4344.
doi: 10.3390/ijerph18084344.

Is a Mask That Covers the Mouth and Nose Free from Undesirable Side Effects in Everyday Use and Free of Potential Hazards?

Kai Kisielinski ¹, Paul Giboni ², Andreas Prescher ³, Bernd Klosterhalfen ⁴, David Graessel ⁵, Stefan Funken ⁶, Oliver Kempster ⁷, Oliver Hirsch ⁸

Masks cause physical and developmental harm.

BRIEF RESEARCH REPORT article

Front. Psychol., 25 May 2021 | <https://doi.org/10.3389/fpsyg.2021.669432>

Masking Emotions: Face Masks Impair How We Read Emotions

Monica Gori¹, Lucia Schiatti and Maria Bianca Amadeo

Unit for Visually Impaired People (U-VIP), Istituto Italiano di Tecnologia, Genova, Italy

- This research report from *Frontiers in Psychology* explains that **faces hidden by masks make it difficult for other people to interpret facial expressions.** This is more detrimental for toddlers, who rely on facial cues to develop emotional reasoning and social skills.

- There is also new evidence in a longitudinal observational study posted on *medRxiv* that suggests **significant reductions in cognitive function and performance** in children born during the pandemic era.

1 Advanced Baby Imaging Lab, Rhode Island Hospital, Providence RI, USA
2 Department of Pediatrics, Warren Alpert Medical School at Brown University, Providence RI, USA
3 Department of Diagnostic Radiology, Warren Alpert Medical School at Brown University, Providence RI, USA
Impact of the COVID-19 Pandemic on Early Child Cognitive Development: Initial Findings in a Longitudinal Observational Study of Child Health
Sean CL Deoni^{1,2,3}, Jennifer Beauchemin¹, Alexandra Volpe¹, Viren D'Sa^{1,2}
and the RESONANCE Consortium

Masks are ineffective at stopping or slowing the spread of respiratory viruses.

Cochrane

Trusted evidence.
Informed decisions.
Better health.

Do physical measures such as hand-washing or wearing masks stop or slow down the spread of respiratory viruses?

Authors:

Jefferson T, Del Mar CB, Doolley L, Ferroni E, Al-Ansary LA, Bawazeer GA, van Driel ML, Jones MA, Thwing S, Beller EM, Clark J, Hoffmann TC, Glasziou PP, Conly JM

- In this *Cochrane* review, the authors discuss how **surgical masks and N95s may make little to no difference** in contracting flu-like or respiratory illnesses.

Randomized Controlled Trial > BMJ Open. 2015 Apr 22;5(4):e006577.
doi: 10.1136/bmjopen-2014-006577.

A cluster randomised trial of cloth masks compared with medical masks in healthcare workers

C Raina MacIntyre¹, Holly Seale¹, Tham Chi Dung², Nguyen Tran Hien², Phan Thi Nga², Abrar Ahmad Chughtai³, Bayzidur Rahman³, Dominic E Dwyer³, Quanyi Wang⁴

- A study in *The BMJ* also finds that **cloth masks have been shown to actually increase risk of infection.**



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