

IT'S TIME TO FOLLOW THE SCIENCE

A Pocket Guide for Defenders of Truth **on Masks**

There's an abundance of medical literature indicating masks are ineffective and can be harmful.

BROWNSTONE
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More than 150 Comparative Studies and
Articles on Mask Ineffectiveness and Harms

BY PAUL ELIAS ALEXANDER DECEMBER 20, 2021 MASKS, POLICY 67 MINUTE READ

- 150 comparative studies and articles compiled by the Brownstone Institute demonstrate that masks are **largely ineffective, have no impact on controlling the transmission of the COVID-19 virus and can actually be harmful.**

- This study from *International Journal of Environmental Research and Public Health* shows prolonged mask use is correlated with **significant drops in oxygen, increases in carbon dioxide levels, fatigue, headaches, moisture build-up, temperature of the skin and air under the mask, and respiratory impairment.**

Review > *Int J Environ Res Public Health*. 2021 Apr 20;18(8):4344.
doi: 10.3390/ijerph18084344.

Is a Mask That Covers the Mouth and Nose Free from Undesirable Side Effects in Everyday Use and Free of Potential Hazards?

Kai Kisielinski ¹, Paul Giboni ², Andreas Prescher ³, Bernd Klosterhalfen ⁴, David Graessel ⁵, Stefan Funken ⁶, Oliver Kempinski ⁷, Oliver Hirsch ⁸

Masks cause physical and developmental harm.

BRIEF RESEARCH REPORT article

Front. Psychol. 25 May 2021 | <https://doi.org/10.3389/fpsyg.2021.669432>

Masking Emotions: Face Masks Impair How We Read Emotions

Monica Gori¹, Lucia Schiatti¹ and Maria Bianca Amadeo¹

Unit for Visually Impaired People (U-VIP), Istituto Italiano di Tecnologia, Genova, Italy

- This research report from *Frontiers in Psychology* explains that **faces hidden by masks make it difficult for other people to interpret facial expressions.** This is more detrimental for toddlers, who rely on facial cues to develop emotional reasoning and social skills.

- There is also new evidence in a longitudinal observational study posted on *medRxiv* that suggests **significant reductions in cognitive function and performance** in children born during the pandemic era.

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Impact of the COVID-19 Pandemic on Early Child Cognitive Development: Initial Findings in a Longitudinal Observational Study of Child Health
Sean CL Deon^{1,2,3}, Jennifer Beauchemin¹, Alexandra Volpe¹, Viren D'Sa^{1,2},
and the RESONANCE Consortium

Masks are ineffective at stopping or slowing the spread of respiratory viruses.

 Cochrane

Trusted evidence.
Informed decisions.
Better health.

Do physical measures such as hand-washing or wearing
masks stop or slow down the spread of respiratory viruses?

Authors:
Jefferson T, Del Mar CB, Dooley L,
Ferroni E, Al-Ansary I, A, Bawazeer
GA, van Driel ML, Jones MA,
Thorning S, Beller EM, Clark J,
Hoffmann TC, Glazebrook PF, Conly
JM

- In this *Cochrane* review, the authors discuss how **surgical masks and N95s may make little to no difference** in contracting flu-like or respiratory illnesses.

- A study in *The BMJ* also finds that **cloth masks have been shown to actually increase risk of infection.**

Randomized Controlled Trial > *BMJ Open*. 2015 Apr 22;5(4):e006577.
doi: 10.1136/bmjopen-2014-006577.

A cluster randomised trial of cloth masks compared with medical masks in healthcare workers

C Raina MacIntyre ¹, Holly Seale ¹, Tham Chi Dung ², Nguyen Tran Hien ², Phan Thi Nga ²,
Abrar Ahmad Chughtai ¹, Bayzidur Rahman ¹, Dominic E Dwyer ³, Quanyi Wang ⁴



For more information go to: childrenshealthdefense.org/followthescience